

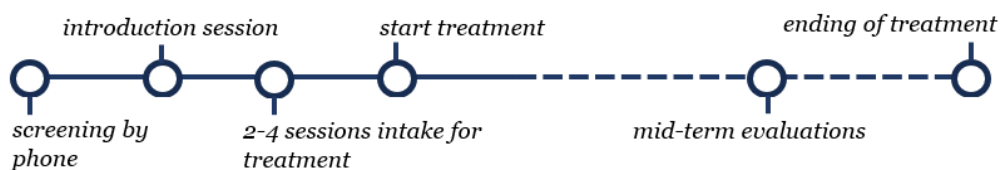
Practice information Amedea

Application

If I have availability, you can apply via info@amedea.nl. Please check [my website](#) to see if there is availability. I don't use a waiting list.

Patient journey

After applying by e-mail, we will schedule a telephone screening. In this conversation, we will explore whether my offer and your question could be a good match. If that could be the case, we will schedule a no-obligation introduction meeting. If you and/or I in that conversation come to the conclusion that we are not willing to continue, this conversation is free of charge. If we do go further, you will receive a registration form and two to four intake sessions will follow. In these sessions, I map out your question and relevant data. Based on these conversations, I make a diagnosis and propose a treatment plan. If you agree to that plan, we will start the treatment. During the treatment, we evaluate implicitly and explicitly. We decide to complete the treatment together and we also prepare this conclusion together.



Framework

In order to achieve a good treatment result, the therapy framework is of great importance. In the treatment phase I work with weekly sessions, sometimes twice a week on indication. The sessions last about 45 minutes on a fixed time slot. Psychoanalytic thinking forms the substantive framework of the treatment. I thereby use my competences and skills in the field of Transactional Analysis (TA), Transference Focused Psychotherapy (TFP), Mentalisation Based Treatment (MBT), socratic dialogue, systemic work and the biopsychosocial model.

Rates

If you have a Dutch health care insurance, I will use the [NZa rates](#). You will receive an invoice for my treatment. It is your responsibility to arrange payment. You may submit the invoice to your health insurance. You will then receive (part of) the amount, if covered.

If you have a foreign or expat insurance, or other funding or reimbursement, we will discuss the possibilities and applicable rates in our first session. If you wish to pay yourself, we agree on appropriate rates in our first session. As a premise, I use the market-based psychiatrist fee of 145-165 euros per session. Exceptions are possible for lower income groups. Sometimes [coaching](#) is more suitable.

No-show

In the unlikely event that you are unable to attend, please let us know in the session before, or at least 24 hours in advance. In other cases, I will charge a no-show rate of 50 euros.

Registration requirements

I am registered as a psychiatrist in the [Dutch BIG-register](#). This means that I participate in intervision, supervision and quality assessment and in continuing education. In doing so, I adhere to the rules and guidelines of my profession and the relevant professional codes. The [WTZa](#) also holds me to [the domestic violence and child abuse reporting code](#). If there are any concerns about this from my side, I will discuss this with the client first, in accordance with the reporting code.

Inclusion and exclusion criteria

The goal of treatment according to the perspective of my practice is that the client gains insight into their own inner world and their psychological and psychiatric symptoms, learns to recognize and acknowledge them, to process them and/or to deal with them so that they dissolve, lessen or can at least be managed.

In my practice, people are welcome (inclusion criterion) who have the desire to explore their inner world and to reflect on their psychological complaints or psychiatric problems. More information about (psycho)therapy can be found on the website of [the NVvP](#) and [the NVPP](#).

As a psychiatrist, I have specific expertise in the field of somatic medicine, the field between physical and psychological complaints and psychological complaints that are related to or go together with medical complaints (among others abdominal complaints, pain, shortness of breath), medical diseases (such as cancer) and medical conditions (for example pregnancy). Also whether or not to use (psychiatric)

medication and tapering off medication is part of my area of interest. If you are looking for care in those specific areas, this can be an inclusion criterion.

I don't have options for physical examinations, laboratory tests, I don't use diagnostics primarily focused on DSM classification and I don't prescribe (new) medication myself. I cannot provide that if that is what you are looking for (exclusion criterion). If you are already taking medication prescribed by another doctor, we will discuss the options during the first session(s).

I only provide elective care. If crisis care, acute or emergency care, addiction related treatment or (part-time) admission should be part of the treatment plan, I unfortunately cannot be of service to you either. During the first session, we will discuss which options there may be. If, during my treatment, it appears that crisis care, acute or emergency care, addiction related treatment or (part-time) admission is needed, I will refer you to elsewhere, preferably in consultation with the general practitioner, as I cannot provide that care (exclusion criterion).

Quality statute

My quality statute (kwaliteitsstatuut) is available [here](#). KvK nummer: 59653698, AGB-code practice: 03037970, AGB-code personal: 03102741, BIG-number: 89064433101.

Complaints

If you are dissatisfied with my treatment, I hope you will discuss it with me first. In fact, discussing your complaints or comments, or even a break in the treatment relationship and make them negotiable, is an important part of the therapy process. If discussing it with me didn't work out for you, you can contact [De Geschillencommissie](#).